



# TAKE AWAYS

## FROM POPE FRANCIS' LETTER TO YOUNG PEOPLE

### CHRISTUS VIVIT

1

#### JESUS WAS A YOUNG PERSON

As Christians we are called to imitate Jesus. Pope Francis writes, "It is important to realize that Jesus was a young person. He gave his life when he was, in today's terms, a young adult" CV. 23. He grew up like you and me; with family and friends, and gave his life at the age of 33. We too are called to a sacrificial love.



2

#### WE ARE CALLED TO RETURN TO THE SOURCE OF YOUTH

We need to be transformed in Christ. This is the source of youthfulness of the Church. Young people need to be filled with Christ. Through attending Mass, daily prayers, a relationship with Christ, is where strength is found to be renewed in Christ.



3

#### BE A SAINT

The Catholic Church is full of saints. We are each called to live a life of holiness. The Church has young saints that can be emulated and befriended. We should ask these saints to help us become saints ourselves.



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